



★ JH Cross Country Pre-Season! ★

July 25th-August 5th

5:45-7:15am on the ALAQC Baseball Field

**All incoming 7th and 8th grade athletes welcome
No cost!**

**JH Boys team has won 3 State Championships and
are looking to make it 3 in a row!**

**JH Girls have won 9 Straight State Championships,
help us make it 10 straight!**

**Contact Coach Brewer for more info:
dbrewer@alaschools.org**

 **ALAQCJHXC**